Cyberbullying: The Invisible Risk

Cyberbullying Risks and what to look for:

- Repeated negative text messages
- Hurtful instant messages or Snapchat conversations
- Anonymous threats through Instant Messaging or Emails
- Messages that contain concepts of being "Cancelled"
 - All social media accounts and creations being ignored, removed or criticized
 - Being "Cancelled" is a form of group shaming performed on social media
- False social media accounts being created in order to spread gossip or damage reputations
- Posting and forwarding private messages and/or pictures/videos to others

From "Break The Bully Cycle" By SiriNam Khalsa