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Dear Parents and Guardians,

We hope this letter finds you and your family well. The health and safety of our students and community remains our primary concern. With the holidays rapidly approaching and this in mind, we would like to provide you with some information and resources to help keep your family healthy.

As Covid 19 case numbers continue to rise in the community and flu season is upon us, it is important to remain vigilant in basic health practices such as proper hand washing, wearing a mask/cloth face covering, and social distancing. It is also suggested that you receive the flu vaccination, especially if you or a loved one are in a high risk category.

The Center for Disease Control, NJ Department of Health, and the Warren County Health Department all advise that travel increases the chances of getting and spreading Covid 19 and that staying home is the best way to protect yourself and others.

Please be advised that under the current NJ Travel Advisory mandate, if you travel to a state included on the [NJ Travel Advisory List](#) or a country identified as a [Level-3 risk](#), you are expected to quarantine for 14 days upon returning to NJ. These lists are extensive. **Please notify your school nurse and main office by email one week prior to your travel to any of the areas on the impacted list(s) so that remote instruction can be organized for your child(ren). Please include your destination and date of return to NJ.**

Celebrating holidays virtually or with members of your own household poses low risk for spread of disease. In person gatherings pose varying levels of risk based on several factors, including, but not limited to: community levels of Covid 19, location of the gathering (indoor vs outdoor), duration of the gathering, number of people, location attendees are traveling from, and the behaviors of attendees prior to and during the gathering. Please visit the [CDC Holiday Celebration Page](#) for more information and suggestions for lower risk holiday activities and gatherings.

If you must travel or gather with family and friends, please follow safety precautions to ensure our schools remain open for in person instruction. As always, thank you for your continued support and cooperation in keeping our community healthy.

Sincerely,

Scott Brady, RN and Jodie DeCostanza, RN