







December 2018

Mountain Villa School

Lunch

Lunch Price List Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> Chicken Nuggets Dinner Roll Mashed Potatoes Green Beans Assorted Fresh or Chilled Fruit Milk Variety 	4 <ul style="list-style-type: none"> Waffles Breakfast Sausages Hash Brown Rounds Assorted Fresh or Chilled Fruit Milk Variety 	5 <ul style="list-style-type: none"> Mac & Cheese Soft Pretzel Stick Roasted Vegetables Assorted Fresh or Chilled Fruit Milk Variety 	6 <ul style="list-style-type: none"> California Burger on a Bun Crinkle Cut French Fries Assorted Fresh or Chilled Fruit Milk Variety 	7 <ul style="list-style-type: none"> Cheese Pizza Freshly Prepared Caesar Salad Assorted Fresh or Chilled Fruit Milk Variety
10 <ul style="list-style-type: none"> Popcorn Chicken Dinner Roll Boiled Carrots Veggie Dippers Assorted Fresh or Chilled Fruit Milk Variety 	11 <ul style="list-style-type: none"> Breakfast for Lunch French Toast Sticks Breakfast Sausage Sweet Potato Matchstick Fries Assorted Fresh or Chilled Fruit Milk Variety 	12 <ul style="list-style-type: none"> Philly Cheesesteak Country Slaw Assorted Fresh or Chilled Fruit Milk Variety 	13 <ul style="list-style-type: none"> Grilled Cheese Sandwich Tomato Soup Cucumber Coins Assorted Fresh or Chilled Fruit Milk Variety 	14 <ul style="list-style-type: none"> Bellas NY Style Pizza Freshly Prepared Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety
17 <ul style="list-style-type: none"> Hot Ham and Cheese on a Pretzel Bun Boiled Carrots Veggie Dippers Assorted Fresh or Chilled Fruit Milk Variety 	18 <ul style="list-style-type: none"> Corn Dog Nuggets Crinkle Cut French Fries Baked Beans Assorted Fresh or Chilled Fruit Milk Variety 	19 <ul style="list-style-type: none"> Twin Tacos with Shredded Cheddar Cheese Lettuce & Tomatoes Salsa Steamed Rice Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	20 <ul style="list-style-type: none"> Cheeseburger on a Bun Sweet Potato Fries Assorted Fresh or Chilled Fruit Milk Variety 	21 <ul style="list-style-type: none"> Twisted Cheesy Bread Sticks with Marinara Sauce Freshly Prepared Garden Salad Maschio's Lemon/Cherry Frozen Sorbet Assorted Fresh or Chilled Fruit Milk Variety
24  <p>Holiday Break - No School</p>	25  <p>Holiday Break - No School</p>	26  <p>Holiday Break - No School</p>	27  <p>Holiday Break - No School</p>	28  <p>Holiday Break - No School</p>
31  <p>New Years Eve - No School</p>				

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Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun , Crispy Chicken Salad, Bagel Bag, Muffin Meal , Cereal Meal

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories fro, saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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