

February 2019

Mountain Villa School
Lunch

Lunch Price List Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

- 1**
- Twisted Cheesy Breadsticks with Marinara Sauce
 - Freshly Prepared Garden Salad
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

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- 4**
- Ham and Cheese Melt on a Pretzel Bun
 - Fresh Veggie Dippers
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 5**
- Chinese New Year Sweet & Sour Chicken and Rice
 - Stir-Fry Vegetables
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 6**
- French Toast Sticks
 - Breakfast Sausages
 - Emoji Fries
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 7**
- BBQ Grilled Chicken Sandwich
 - Crinkle Cut French Fries
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 8**
- Pizza Bagels
 - Freshly Prepared Caesar Salad
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

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- 11**
- All-Natural Beef Hot Dog on a Bun
 - Battered French Fries
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 12**
- Chicken and Cheese Quesadilla with Salsa
 - Steamed Broccoli
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 13**
- Popcorn Chicken
 - Soft Pretzel Stick
 - Steamed Corn
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 14**
- French Bread Pizza
 - Freshly Prepared Italian House Salad
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

15

No School

18

No School

Presidents Day - No School

- 19**
- Chicken Nuggets
 - Soft Pretzel Sticks
 - Tater Tots
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 20**
- New Item!
- Italian Sampler with Breaded Ravioli and Mozzarella Sticks with Marinara Sauce
 - Veggie Dippers
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 21**
- Breakfast for Lunch
 - Waffles
 - Breakfast Sausages
 - Sweet Potato Waffle Fries
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 22**
- Chef's Choice Pizza
 - Freshly Prepared Caesar Salad
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 25**
- Meatless Monday
- Grilled Cheese Sticks
 - Tomato Soup
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 26**
- Hamburger on a Bun
 - Confetti Fries
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 27**
- New Item!
- Mac & Cheese
 - Cornbread Muffin
 - Green Beans
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

- 28**
- Crispy Chicken Sandwich
 - Steamed Corn
 - Assorted Fresh or Chilled Fruit
 - Milk Variety

Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun , Crispy Chicken Salad, Bagel Bag, Muffin Meal , Cereal Meal

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories fro, saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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