



# May 2019

Mountain Villa School  
Lunch

Lunch Price List Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**

		<b>1</b>	<b>2</b>	<b>3</b>
		<ul style="list-style-type: none"> <li>Cheese Quesadilla with Salsa</li> <li>Steamed Corn</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Cheeseburger on a Bun</li> <li>Emoji Fries</li> <li>Pickle Chips</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<p>School Lunch Hero Day!</p> <ul style="list-style-type: none"> <li>Pizza Bagels</li> <li>Freshly Prepared Italian House Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>

<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Buttered Noodles</li> <li>Seasoned Carrots</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<p>Breakfast for Lunch</p> <ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Breakfast Sausage</li> <li>Seasoned Potato Wedges</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch</li> <li>Black Bean and Corn Salad</li> <li>Cinnamon Churro</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Crispy Chicken Patty on a Bun</li> <li>Tater Tots</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Twisted Cheesy Breadsticks with Marinara Sauce</li> <li>Veggie Dippers</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>

<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<ul style="list-style-type: none"> <li>Popcorn Chicken</li> <li>Dinner Roll</li> <li>Tater Tots</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Twin Tacos with Taco Meat, Shredded Cheese, Lettuce, Tomatoes and Salsa</li> <li>Steamed Rice</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Cheese Sandwich</li> <li>Green Beans</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<p>Breakfast for Lunch</p> <ul style="list-style-type: none"> <li>Waffles</li> <li>Breakfast Sausages</li> <li>Hash Brown Rounds</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Bella's NY Style Pizza</li> <li>Freshly Prepared Caesar Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>

<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<ul style="list-style-type: none"> <li>Beef Hot Dog on a Bun</li> <li>Emoji Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Pasta with Meatballs</li> <li>Freshly Prepared Italian House Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>BBQ Grilled Chicken Sandwich</li> <li>Country Slaw</li> <li>Vegetarian Baked Beans</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Omelet Sausage Patty</li> <li>Tater Tots</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Pizza Day</li> <li>Freshly Prepared Tossed Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>

<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<p>Memorial Day - No School</p>	<p>Breakfast Bonanza</p> <ul style="list-style-type: none"> <li>Breakfast Sausages</li> <li>Assorted Potatoes</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Hamburger on a Bun or Cheeseburger on a Bun</li> <li>Oven Baked French Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Popcorn Chicken with Sweet &amp; Sour Dipping Sauce</li> <li>Rice</li> <li>Steamed Broccoli</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Fortune Cookie</li> <li>Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>Pizza Crunchers with Marinara Sauce</li> <li>Freshly Prepared Cucumber &amp; Tomato Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul>



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**Maschio's Swap-Outs Available Daily:** Chicken Patty on a Bun , Crispy Chicken Salad, Bagel Bag, Muffin Meal , Cereal Meal

**All Meals Served** All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

**Nutrition Info K-5** Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Nutrition Info K-8** Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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